



SUMMER ORIENTATION 2015

Class of 2019

WHO THEY ARE (JC)

- Good Students
 - High school grade point average – 3.7
 - Class of 2019: 390 students
- Sex
 - Female 58%
 - Male 42%
- Geography
 - States 26 plus D.C. and Puerto Rico
 - Countries 15
- ALANA
 - 12.9%

Freshman Profile, Class of 2019

WHO THEY ARE (JC)

- Confident
- Driven to Succeed
- Hard-working
- Cooperative
- Creative
- Civic-minded
 - Community Service and Volunteer Programs
- Healthy
 - Athletics (36%)
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WHO THEY ARE (JC)

- Not typically youth of great privilege
 - 90% public schools
 - large number from modest/middle income backgrounds
 - Relatively high percentage are first-generation college (30%)
- Aren't party animals
- Aren't mean-spirited or malicious

Hashtag - MILLENNIALS

- Millennial Generation 1982-2002 (1997)
 - Special
 - Sheltered
 - Confident
 - Team-oriented
 - Achieving
 - Pressured
 - Conventional

Source: Howe and Strauss (2000)

DEFINING ISSUES/MOMENTS

- 70's Viet Nam and Civil Rights
- 80's Challenger and Cold War tensions
- 90's World Wide Web and End of Cold War
- 2000's – Sept. 11, 2001 (most about 4 years old)
- The Economy and Social/Equity issues

Unforeseen financial risks

- Sudden loss of income 72%
- Uncovered medical costs 63%
- Illness & disability 65%
- Having enough \$ to buy a home and pay off debt:
(student loans)
- Having enough \$ for their children's education

Neil Howe, "Millennials Want More Than Just a Paycheck"

MILLENNIALS

- “GENERATION OF PARADOX”
 - Sheltered...yet pressured.
 - Self-absorbed...yet generous.
 - Social...yet isolated by technology.
 - Adventurousome...yet protected.
 - Team-oriented...yet diverse.
 - Visionary...yet vacillating.
 - High achievement...yet high maintenance.
- Source: Tim Elmore www.GrowingLeaders.com

WHO THEY ARE (modern student)

Within the last year, have you ever...

Felt Things were Hopeless	65.4%
Felt Very Lonely	75.1%
Felt Very Sad	77.0%
Felt Overwhelmed	89.4%

American College Health Association: National College Health Assessment, Spring 2013

WHO THEY ARE (modern student)

- Percentage of students functionally impaired by depression 42%
- Percentage of students overwhelmed by anxiety 65.5%
- Percentage of students who have felt overwhelming anger 58.8%
- Percentage of students who considered suicide 10%

American College Health Association: National College Health Assessment, Spring 2013

WHO THEY ARE (modern student)

- % of Students Taking Psychiatric Meds
 - 1994 9%
 - 2000 17%
 - 2003 20%
 - 2013 25%

International Association of Counseling Services,
Inc.: National Survey of Counseling Center
Directors, 2013

Increasing Demands on College Counseling Centers

- Crisis issues requiring immediate response 73%
- Psychiatric medication issues 67%
- Learning disabilities 60%
- Alcohol Abuse 34%
- Illicit Drug Use (other than alcohol) 48%
- Self-injury issues 41%
- On-campus Sexual Assault 33%
- Eating Disorders 24%

National Survey of Counseling Center Directors, 2013

WHO YOU ARE

Characteristics of Millennial Parents

- Failure to “cut the cord”
- Want their children to have perfect experience
- Consumer perspective
- Take great personal satisfaction from their children’s successes
- Want to be part of their children’s experiences

NASPA Webcast

Transition

- Leaving Home
- Roommate
 - Room change moratorium
- Group Living – life style adjustments
 - Mediation/Conflict Resolution
- Time to Act Independently (empower self-reliance)
- Boyfriend/Girlfriend

Hindrances

(things that get in the way)

- Time Management
 - Academic Demands
 - Traditions and the Co-curriculum
- Stress & Anxiety
 - “My high school stunk!”
 - Fear of Failure
 - “Overwhelm”
 - Special Needs
 - Shyness factor
- Internet use/gaming/texting

ATTRITION (why they drop out)

- Homesick
- Unprepared for increased academic workload
- Poor time management skills
- Poor study habits...often without realizing they are poor
- Mental Health issues that go untreated

ATTRITION (why they drop out)

- Went to college because it was expected – not because they truly had the desire to attend
- Not prepared to leave home and live independently
- Failure to form at least one meaningful relationship
- Their parents readily accepted their decision to return home rather than challenge them to see if there was a better course of action.

SEX, DRUGS AND ROCK 'n ROLL: RISK!

- Alcohol
 - Binge Drinking
 - CORE Survey results
 - AlcoholEDU and Haven
- Other controlled substances
- Hooking Up
- Sexual Harassment/Sexual Assault/Title IX
- Disciplinary process – FERPA – suspension-level issues

NOVICE ADULTS

- Emotional Independence/Financial Dependence
- I've decided I am not going to be a doctor
 - Career Planning is a Process
- I have confidence in you...you're better than that.

Who We Are

- Juniata's mission is to provide an engaging personalized educational experience empowering our students to develop the skills, knowledge and values that lead to a fulfilling life of service and ethical leadership in the global community.

Student Affairs at JC

- The Student Affairs Staff works with and supports the faculty to provide conditions that promote learning and personal development. Specifically, Student Affairs Staff works to create a safe learning environment which offers opportunities for students to be involved in activities and programs; an environment free from harassment; an environment that values and supports diversity; and a community in which individuals treat one another with civility, respect and compassion.

Student Affairs at JC

- Guiding principles for student affairs staff include:
- Offering opportunities in all aspects of campus life.
- Expecting and encouraging student leadership and participation in campus governance.
- Recognizing and affirming students' potential and achievements.
- Empowering students' self-confidence and self-reliance

Bill Phillips – Nobel Prize

- <https://www.youtube.com/watch?v=i-iqyfJlmlA&feature=youtu.be>
- 7:46 – 14:01

Creativity/Talent

- <https://www.juniata.edu/alumni/almamater.swf>

Friendly Advice

- Visit (but not too often)
- Communicate (but not too often)
- Expect Change – it's good!
- Trust Them/Listen, don't lecture!
- Parent-Child *and* Adult-Adult













I ❤️ Juniata Presents

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